



# Registration

Pledge Online Today!

In support of



Northern  
Cancer  
Foundation

Fondation  
du Nord  
en cancérologie

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

BIRTHDATE (DD/MM/YYYY): \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_ SEX:  MALE  FEMALE

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ PROV: \_\_\_\_\_

P/C: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

<b>T-SHIRT SIZE:</b>	<input type="checkbox"/> XS	<input type="checkbox"/> LG
	<input type="checkbox"/> SM	<input type="checkbox"/> XLG
	<input type="checkbox"/> MED	<input type="checkbox"/> XXLG

## Distance & Fees

Participants are encouraged to register electronically. The process is quick, safe and secure PLUS the price is reduced \$5 to cover online service charges.

	Until Jan 31	Until Apr 2	Until May 24	Race Day
Marathon/Marathon Walk	<input type="checkbox"/> \$75	<input type="checkbox"/> \$80	<input type="checkbox"/> \$90	N/A
8 Person Marathon Relay	<input type="checkbox"/> \$245	<input type="checkbox"/> \$285	<input type="checkbox"/> \$325	N/A
Steve's Half Marathon	<input type="checkbox"/> \$55	<input type="checkbox"/> \$65	<input type="checkbox"/> \$75	N/A
The Perdue Family Lise's 10k Run/Walk	<input type="checkbox"/> \$40	<input type="checkbox"/> \$45	<input type="checkbox"/> \$50	N/A
5k Run/Walk	<input type="checkbox"/> \$30	<input type="checkbox"/> \$35	<input type="checkbox"/> \$40	<input type="checkbox"/> \$50
5k Family Run/Walk (2-5 family members*)	<input type="checkbox"/> \$75	<input type="checkbox"/> \$85	<input type="checkbox"/> \$100	<input type="checkbox"/> \$115
Kids' 1km Fun Run	FREE	FREE	FREE	FREE

Please note: The SudburyROCKS 5 Km FAMILY Run/Walk registration is for parents with immediate children only. \*Team registrations are NOT allowed in the family 5K event. Teams wishing to register should register individually.

### Race Kit Pickup

Race kit pickup will be at École Secondaire Du Sacré-Coeur (Sacred Heart Secondary School) at our Race Expo Saturday May 27th between 9:00 AM - 4:00 PM. Kit pickup and registration are available at the Expo.

SEND COMPLETED FORM & CHEQUE TO:

**SudburyROCKS!!! Marathon**

41 Ramsey Lake Road,  
Sudbury, ON P3E 5J1

## Waiver

In Consideration of the acceptance of my application and the permission to participate as an entrant or competitor in the SUDBURYROCKS!!! Race, Run or Walk, I for myself, my heirs, executor, administrators, successors and assigns, HEREBY RELEASE, WAIVE and FOREVER DISCHARGE the following:

Sudbury Fitness Challenge Executive, SUDBURYROCKS!!! Sub Committee, Northern Cancer Foundation and Health Sciences North Foundation, race organizers, volunteers assisting them, race sponsors, their employees and agents, other race participants, City of Greater Sudbury OF AND FROM ALL claims, demands, damages, costs, expenses, actions, and causes of action whether in law or equity in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason by my participation in the SUDBURYROCKS!!! Race, Run or Walk whether prior to, during or subsequent to the event, AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of the aforesaid.

I acknowledge that this event has risks (both known and unknown) inherent in it, and it is my intention to accept the risks and all consequences thereof, for myself alone.

I understand that in event of cancellation due to natural causes such as thunderstorms etc, the entry fee is non-refundable. I am physically fit to participate in the SudburyROCKS!!! Race, Run or Walk and have been medically certified to participate.

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ AND UNDERSTOOD THIS RELEASE AND AGREE TO BE BOUND BY ITS TERMS and I am signing it voluntarily and without duress or influence from anyone. By signing this entry, I am also consenting to having my image used in future SudburyROCKS!!! Race, Run or Walk promotional materials.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent / Guardian Signature (if Participant is under 18 years of age)